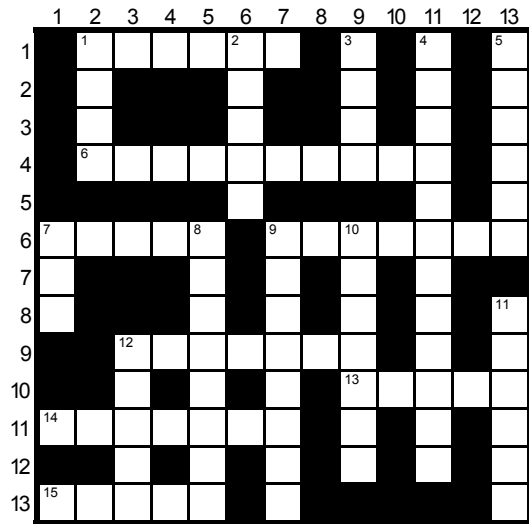


2004-11-02_Naturopathy_13x13

B.B. Huria



Across

- 1 A zodiacal constellation that is linked with diseases like gastric troubles, indigestion, cough, hypochondria, etc. (6)
- 6 Having unsuitable feminine qualities. (10)
- 7 A zodiacal constellation that is linked with diseases like suppression of urine, eczema, skin diseases, kidney, hernia, etc. (5)
- 9 Any sensation or change in bodily function that is experienced by a patient and is associated with a particular disease. (7)
- 12 Inflammation of the colon. (7)
- 13 A zodiacal constellation that is linked with diseases like headaches, coma, diseases of the brain, insomnia, etc. (5)
- 14 (Indian Nomenclature) Cleansing the nostrils with saline lukewarm water with the help of a pot specially designed for that purpose. (3,4)

- 15 A sweet yellow liquid produced by bees. (5)

Down

- 1 A medicine or therapy that cures disease or relieve pain. (4)
- 2 One of the eliminative treatments for asthma. This facilitates to avoid nocturnal/paroxysmal attacks. The heat of the water also helps to divert congestion of the lungs in severe attacks. The heat of the water also helps to divert congestion of lungs in severe attacks. At the same time, it relieves large quantities of mucus from the digestive tracks. (5)
- 3 A Hindu theistic philosophy; union of self and the Supreme Being is sought through a state of complete awareness and tranquillity attained by certain physical exercises. (4)
- 4 A common disorder in which blood pressure remains abnormally high (a reading of 140/90 mm

Hg or greater). (12)

- 5 Expectorated matter; saliva mixed with discharges from the respiratory passages; in ancient and medieval physiology it was believed to cause sluggishness. (6)
- 7 A zodiacal constellation that is linked with diseases like palpitation, giddiness, anaemia, etc. (3)
- 8 Extramarital sex that willfully and maliciously interferes with marriage relations. (8)
- 9 One of the three stages of the Nature Cure Therapies for Asthma, in which the treatments are directed to rejuvenate the system by activating the organs. Relaxing treatments and moderate exercises with vegetarian diet like fruits and raw vegetables are prescribed during this stage. (8)
- 10 Kneading and rubbing parts of the body to increase circulation and promote relaxation. It improves circulation,

oxygenation and tones up the muscular system. (7)

- 11 A zodiacal constellation that is linked with diseases related to feet, toes, intestines, deformities of the feet, addiction to drinks, etc. (6)
- 12 The part of the large intestine between the cecum and the rectum; it extracts moisture from food residues before they are excreted. (5)