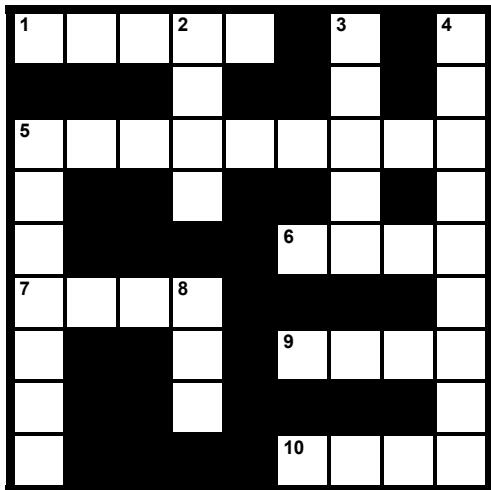


## Sports\_Gymnastics\_9x9\_2003-09-03



### Across

1 Jumping and landing on the same foot, toes should be pointed in the air. (5)

5 A roll of the hoop in any direction which returns to the gymnast. (5,4)

6 A position where the legs are raised off the floor close together and the body is supported by the hands to form a "V" shape. (1-3)

7 Knees are brought to the chest and the upper body bent forward. (4)

9 A movement in which the body is bent quite far forward at the hips with legs raised high and straight, so that the gymnast forms a V shape (4)

10 Movement taking off and landing on same foot or both feet, emphasis on proper form (upperbody lifted, arm placement, extension, height, tight legs, pointed toes). (4)

5 A combination of movements or manoeuvres displaying a full range of skills on one apparatus. (7)

8 A move from a position below an apparatus to a position above it. (3)

### Down

2 A rotation on the body's axis supported by one or both feet. (4)

3 Extending or lying across; in a crosswise direction; at right angles to the long axis. (5)

4 A forward leap from one foot, landing on the opposite foot and assuming a split position in mid-air. (5,4)