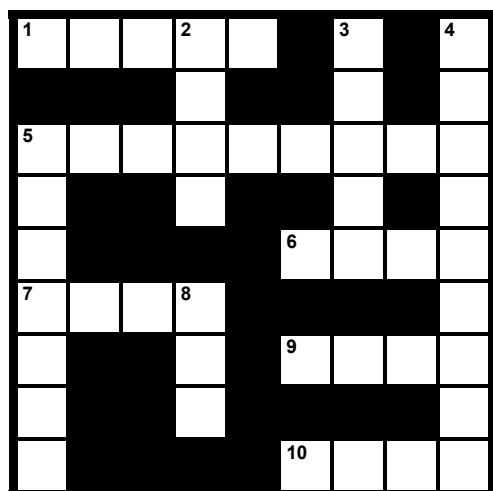


Sports_Gymnastics_9x9_2003-09-03



Across

1 Jumping and landing on the same foot, toes should be pointed in the air. (5)

5 A roll of the hoop in any direction which returns to the gymnast. (5,4)

6 A position where the legs are raised off the floor close together and the body is supported by the hands to form a "V" shape. (1-3)

7 Knees are brought to the chest and the upper body bent forward. (4)

9 A movement in which the body is bent quite far forward at the hips with legs raised high and

straight, so that the gymnast forms a V shape (4)

10 Movement taking off and landing on same foot or both feet, emphasis on proper form (upper body lifted, arm placement, extension, height, tight legs, pointed toes). (4)

Down

2 A rotation on the body's axis supported by one or both feet. (4)

3 Extending or lying across; in a crosswise direction; at right angles to the long axis. (5)

4 A forward leap from one foot, landing on the

opposite foot and assuming a split position in mid-air. (5,4)

5 A combination of movements or manoeuvres displaying a full range of skills on one apparatus. (7)

8 A move from a position below an apparatus to a position above it. (3)