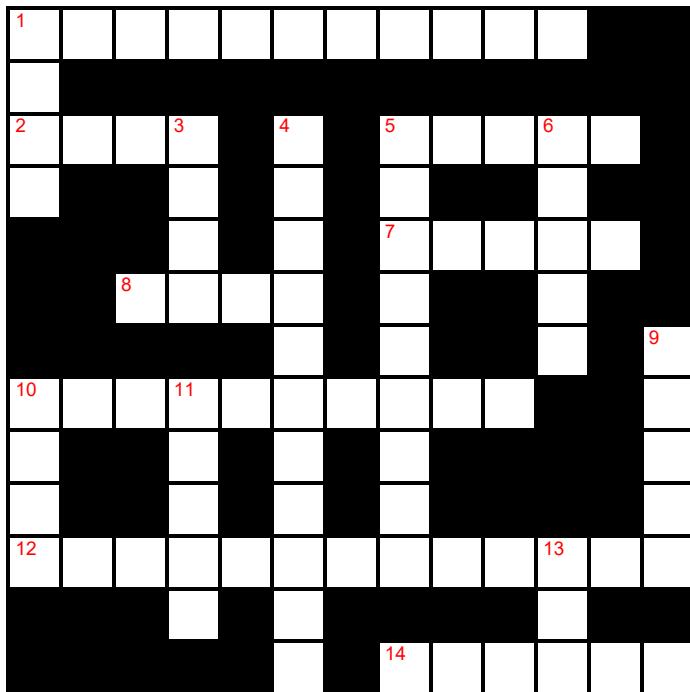


Sports_Swimming_13x13_2008-10-20



Across

1 A swimming kick in which the legs are opened and closed like scissors. (7,4)

2 To move on the blocks before a team-mate touches the touch pad in a relay race to get a good start. (4)

5 To touch the end of the pool with the hand or hands, completing an event or relay leg. (5)

7 A race between teams of swimmers, with each swimmer swimming one leg of the event. (5)

8 An early race in an event which qualifies the fastest finishers for the semi-finals or

final. (4)

10 An underwater roll at the end of a lap, used in backstroke and freestyle, allowing the swimmer to push off from the end of the pool with the feet. (6,4)

12 A race strategy in which a swimmer covers the second half of a race faster than the first half. (8,5)

14 One lap; from one end of the pool to the other. (6)

Down

1 To swim just behind a swimmer in an adjacent lane to take advantage of the wave created by that swimmer. (4)

3 The area of the

pool which each swimmer competes during a race. (4)

4 A swimming kick; the legs are moved rapidly up and down without bending the knees. (7,4)

5 An official at each end of the lane responsible for ensuring a swimmer turns correctly and, in the longer races, for displaying lap cards to inform a swimmer how many laps remain. (4,5)

6 A swimming stroke; arms are moved alternately overhead accompanied by a flutter kick. (5)

9 A swimmer's intermediate time in a race,

registered every 50 metres, to record the swimmer's pace. (5)

10 The turnaround by a swimmer at each end of the pool. (4)

11 To move on or leave the blocks before the starting signal, or before a team-mate touches the touch pad in a relay event. (5)

13 One of a number of sections of an event or relay, each of which must be completed to determine the winner. (3)